

eXtremeMan51.5

Gyékényes 2025

Race information

The aim of the competition:

Next to the cleanest triathlon swim course in Hungary, an excellent triathlon race is organised with the help of a hospitable village, where accommodation and catering facilities, gifts and programmes await you!

As an integral part of the "Prepare for the Ironman with us" programme, a preparation race will be offered to prospective eXtremeMan Nagyatád participants at the starting point of the original swimming and cycling course in the legendary lake.

To introduce the sport of triathlon to fans of other sports and to offer the opportunity to compete to anyone interested in the sport of triathlon.

Date:

18th of May, 2025

The competition is organised by eXtremeMan Kft. (extrememan@extrememan.hu)

Organising Committee Chairman: Dr. Gyula Herr

Competition Director: József Szliczki

Computer data processing: eVoChip Hungary Kft.

Technical Supervisor: in progress...

Chief Referee: in progress...

Programme manager: Péter Attila

Distance of the race:

51.5 km, Olympic triathlon distance

Swimming: 1500 m; Cycling: 40 km; Running: 10 km

25.75 km, sprint triathlon distance

Swimming: 750 m; Cycling: 20 km; Running: 5 km

Start and finish:

Gyékényes, beach <https://maps.app.goo.gl/XQuPQgfVL8wFponM6>

Schedule:

9:30 - registration, chip check, pick up of race numbers

The Race Office is located next to the FINISH gate on the grassy area of the open beach.

10:30 - 11:45 bike DEPO open, bike check in

11:40 Ceremonial opening

From 11:45 bike check in over, check in at the swim check in area

swim check in will be set up in the area before the start

from 11:45 a.m. warm-up in the water

11:55 am end of water warm-up, all competitors behind the start line on the beach

12:00 eXtremeManQ61.5 START

12:03 eXtremeMan51.5 START

12:06 eXtremeMan25.75 START

14:00 TIME LIMIT to start the third round of cycling

15:00 TIME LIMIT for the start of the run

15:45 TIME LIMIT to start the last lap of the run

17:00 FINISH CALL at the CÉL gate

DEPO opens at approx. 15:00 (when the last cyclist arrives)

Route:

eXtremeMan51.5

Swim in the lake, on a triangular course, 2 x 750m, between the two laps of the swim the competitors will come out of the water and then have to run about 20m on the shore, after which they will start the second lap of the swim.

Cycling on a four-lap course with a full road closure. Paddling is allowed.

Running on asphalt on a four-lap course.

eXtremeMan25.75

Swimming in the lake, on a triangular course, 1 x 750m.

Cycling on a two-loop course with the roads completely closed. Paddling allowed.

Running on asphalt on two circuits.

Track:



Limit time:

4 hours (none for swimming; 2 hours to start the third lap of cycling, 3 hours to start running)
25.75 no time limit

Participants:

Men and women over 18 years of age in the individual and 12 years of age in the relay, who declare (or have a parent's permission) that they are fit and able to complete the distance and pay the entry fee by the deadline. By paying the entry fee they accept the rules of the race.

The eXtremeMan51.5 Gyékényes 2025 individual race can only be entered with a valid race permit from the MTSZ.

Categories:

Individual (junior /19 years/, adult1 /20-29/, adult2 /30-39/, senior1 /40-49/, senior2 /50-59/, veteran1 /60-69/, veteran2 /70+/) women and men and relay of 3-5 persons (women, men)

Categories of the eXtremeMan25.75 competition:

Individual women/men (under 40), Senior women/men (over 40)

Relay: female/male (2-3 persons)

Entry:

The entry fee includes all the services that we encourage everyone to use during the race (some of which are compulsory for proper racing): the start number, chip, etiquette, refreshment station services, medal and finish pack (for immediate refreshment), medical care if needed.

You can choose additional products and enter other races at the same time with a great discount. Our additional products will only be added to the list in the future (e.g. Finisher T-shirt, canteen, swim cap).

In the top left-hand corner of the entry form, you will find detailed information on the entry and cancellation fees. In the top right-hand corner, you will find information about the current entry fee and the price of the additional products you have chosen, the discounts available and how to use your current account balance. This will determine the amount to be paid. If you cannot find a discount, please check the reason before you pay. Unfortunately, we cannot make any changes afterwards.

The entry fee can only be paid by credit card. The instructions on the screen will guide you to a successful registration.

If you are unsuccessful, you simply have to re-enter. There is nothing more to do with a previous failed entry. (You will be unsuccessful if you click the back button, close your browser prematurely, try to pay with the wrong card or have insufficient funds on your card.)

Only successful entries will be entered in the **entry list**, no further action will be taken for unsuccessful entries.

The **Home** interface can be accessed by clicking on the username in the drop-down list. Here you will find a table with the name of each of your tournament names (left column) and the name and number of products associated with them (right column), together with their order IDs. The races in the right column are races that you have purchased at a discount in connection with the entry of another race. Green check marks successful entries or product purchases, red lines and strikethrough indicate failed or cancelled items.

Orders placed can be viewed in detail in the **My Orders** section. The green colour indicates successful orders.

If you enter a tournament and enter one or more other tournaments at a discounted price within the same order, or buy other additional products, these will be recorded as one order under the name of the main (base) tournament. The order ID is located in the bottom left corner of the window. Clicking on the window will also display the transaction line items. It is worth knowing when you enter that cancellations can only be made from the main name window and all related products and related race names will be cancelled. The cancellation fee shown here applies to the entire cancellation.

For any tournament you have previously entered, you can later buy an additional product, including other tournament entries at a discounted rate. Just click on the Entry section for the

relevant competition and choose from the products. The system recognises that you have already entered that particular competition, so it does not charge you separately for the entry fee, only for the product you tick. If your order is successful, a new green window will appear in the My Orders section. Its name will be Order Addendum and the blue button in the middle will show which main order (base order) it is linked to. The Order Addendum cannot be cancelled separately.

Cancellation:

The deadline for cancelling entries and the cost of handling them will be indicated on the entry form for each event, and can be viewed in the My Orders section after registration.

In case of cancellation, there are 2 options to choose from. The entry fee can be refunded or credited to the account and used for the next entry. In the latter case, the handling fee is lower.

To cancel, click on the cancellation option of your choice in the My Orders tab and select the appropriate race.

Attention! In the event of a cancellation, any additional products and tournament entries purchased for a particular tournament will also be cancelled, whether purchased at the same time or later. The cancellation fee shown applies to the entire cancellation.

In the event of a successful cancellation, the items will be crossed out in the Home interface.

We cannot accept cancellations after the deadline.

Timing:

With chip.

Refreshment:

With High5 products and NaturAqua mineral water.

At DEPO, you can fill your canteen with a High5 Energy Source / ZERO blend.

During the run, there is a refreshment option every lap: you can pick up High5 Isogel, which you can use with Natur Aqua mineral water.

Awarding:

Categories: see PARTICIPANTS

By category men/women absolute 1-3.

In the relay competition, medals will be awarded to the 1st to 3rd place finishers.

ALL participating finishers will receive a medal.

Rules:

If the competitor's medical condition is deemed by the race doctors to be unfit to continue the race, the competitor shall retire from the race and surrender his/her start number at the request of the Chief Judge.

The provisions of the official rule book of the Hungarian Triathlon Federation apply to all competitors, including those competing in relays.

https://www.extrememan.hu/filekezelorendszer/dok/kozso/2024_Versenyszabalyzat_.pdf

Safety fee: 10.000Ft.

Doping control is expected.

[Generally participate rules](#)

Others:

- If you have any questions, please email: zsofiapeter@extrememan.hu
- We will take pictures and videos during the competition and use them after the competition.
- We reserve the right to make changes!